

# Support Groups

Free to cancer patients, caregivers, friends, and family.

The following groups are organized and managed by the Cancer Foundation for New Mexico and led by experienced, licensed facilitators. There is no cost to attend. Locations and times vary.

See group descriptions for details.

## How We Heal

This group is open to those who have received a cancer diagnosis and includes tips on how to navigate and be supported by the system. Led by Janet Smith, RN.

*1st Wednesday of every month from 1:00 - 2:30 pm at the Cancer Foundation for New Mexico.*

## Together

This group is open to caregivers, family, and friends of cancer patients and addresses their unique needs. It provides an opportunity to share with others and discover ways to find hope and heal in a compassionate, non-judgmental setting.

★ *This group offers 3 meeting days & locations:*

*Every Tuesday from 11:00 am - 12:15 pm at the Cancer Foundation for New Mexico. Led by Ronni Levine, LMFT.*

*2nd Wednesday of every month from 11:00 am - 12:15 pm at the White Rock Senior Center. Led by Lori Padilla, MA, LMHC.*

*4th Wednesday of every month from 11:00 am - 12:15 pm at the Betty Ehart Senior Center in Los Alamos. Led by Lori Padilla, MA, LMHC.*

## Living With Cancer

This group is open to patients dealing with the challenges of recurrent or metastatic cancer. This group addresses the concept of living well with a chronic illness as well as the associated grief, loss, and fears. Led by Janet Smith, RN.

*2nd & 4th Wednesday of every month from 1:00 - 2:30 pm at the Cancer Foundation for New Mexico.*

## Grief & Recovery

This group is open to caregivers, family, and friends who have lost a loved one to cancer. There is no expiration date on grieving because the process changes and evolves over time. Share and learn with others in a safe space.

*Meets every Thursday from 11:00 am - 12:15 pm at the Cancer Foundation for New Mexico.*

## Questions?

Please contact the Cancer Foundation's Patient Services Coordinator:

**Caroline Owen**  
(505) 955-7931 x. 3  
[caroline@cffnm.org](mailto:caroline@cffnm.org)

### Santa Fe

Cancer Foundation for New Mexico  
3005 S. St. Francis Dr., Suite 3-B  
Santa Fe, NM 87505  
(Between Quest Diagnostics and the Double Dragon Restaurant)

### White Rock

White Rock Senior Center  
133 Longview Dr.  
White Rock, NM 87547

### Los Alamos

Betty Ehart Senior Center  
Conference Room  
1101 Bathtub Row  
Los Alamos, NM 87544