

Support Groups

Professionally Led Support for Cancer Patients, Caregivers, Family and Friends

Supportive spaces where cancer patients, survivors, and caregivers can share, connect, and heal together. Our groups are designed to provide comfort, strength, and guidance as you navigate your cancer journey. To better serve our community we anticipate offering support groups in Spanish.



Hope for every journey



Living with Cancer

This group is open to all who have a cancer diagnosis, and includes tips on how to navigate and be supported by the healthcare system. All patients, including those with ongoing, recurrent, or metastatic cancer, can share their emotional and practical concerns in an empathetic environment.

Facilitator:

Janet Smith, RN



Grief & Recovery

This group is open to caregivers, family, and friends who have lost a loved one to cancer. There is no expiration date on grieving because the process changes and evolves over time. Share, learn, and feel supported in a safe space.

Facilitator:

Ronni Levine, LMFT



Together

This group addresses the unique needs of the caregiver and those closest to the cancer patient in a supportive and non-judgmental setting.

Facilitators:

Session 1: **Ronni Levine, LMFT**

Session 2: **Lori Padilla, MA, LMHC**



Write to Heal

Explore expressive writing as a healing tool in this workshop for cancer patients and survivors. All skill levels welcome. Writing, though not a cure, offers therapeutic benefits, helping us reclaim our voices and reconnect with our lives.

Facilitator:

Joanne Brown, MSW



Living with Cancer

Open to anyone with a cancer diagnosis, including ongoing, recurrent, or metastatic cases, this group offers a space to share your journey, receive support, and navigate the healthcare system together.

Facilitator:

Stacey McMullen, LMSW



Gentle Flow: Chair Yoga

Gentle Flow: Chair Yoga for Cancer Wellness, designed to help cancer patients improve balance flexibility, and overall well-being in a supportive environment.

Facilitator:

Katherine Lautenbach

You're not alone. We can help.

Caroline Owen, Patient Services Coordinator

✉ caroline@cffnm.org ☎ (505) 955-7931 x. 403

Stacey McMullen, Patient Services Coordinator

✉ stacey@cffnm.org ☎ (505) 955-7931 x. 408