

Support Groups

Free to cancer patients, caregivers, and loved ones.

All groups are currently being held remotely in response to COVID-19.

Technical support is available for all groups.

Living With Cancer

This group is open to all who have a cancer diagnosis, and includes tips on how to navigate and be supported by the healthcare system. All patients, including those with ongoing, recurrent, or metastatic cancer, can share their emotional and practical concerns in a confidential and empathetic environment. This group addresses the concept of living well with a chronic illness as well as the associated grief, loss, and fears.

*Every Wednesday from 1:00 - 2:30 p.m.
Facilitated by Janet Smith, RN
For remote access, please email janet@smith.net
or call (505) 795-4814*

Together

This group is open to caregivers, including family and friends of cancer patients, and addresses their unique needs. It provides an opportunity to share with others and discover ways to find hope and healing in a compassionate and non-judgmental setting.

SESSION 1:
*Meets every Tuesday from 11:00 a.m. - 12:15 p.m.
Facilitated by Ronni Levine, LMFT
For remote access, please email
rslevinemft@aol.com or call (909) 896-3816*

SESSION 2:
*Meets the 2nd & 4th Wednesdays of every month
from 11:00 a.m. - 12:15 p.m.
Facilitated by Lori Padilla, MA, LMHC
For remote access, please email pmlori@q.com
or call (505) 670-5643*

Grief & Recovery

There is no expiration date on grieving because the process changes and evolves over time. This group is open to anyone who is experiencing grief and has lost a loved one to cancer. Caregivers, family, and friends are welcome to share and learn with others in a safe space.

*Meets every Thursday from 11:00 a.m. - 12:15 p.m.
Facilitated by Ronni Levine, LMFT
For remote access, please email rslevinemft@aol.com
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Write to Heal Workshop

This popular workshop for cancer patients and survivors runs intermittently throughout the year, meeting once per week for 8 weeks. Participants will explore expressive writing as a way of healing. More relevant than ever, group members will have the opportunity to connect with each other while writing and sharing stories inspired by their unique cancer journeys. All experience levels are welcome. The workshop is based on the acclaimed Amherst Writers & Artists method.

*Facilitated by Joanne Brown, MSW.
Joanne is a cancer survivor and has led workshops in Berkeley, Santa Fe, and Mexico.*

To register for an upcoming workshop, please email joanne@joannebrown.com or call (510) 381-1205